



Let's get started.

usage and product info



TREED

A note from Our Founders

We're so glad you've decided to take the better path towards healing. We've experienced first-hand the benefits of CBD and believe that those who experience bouts of anxiety, aches & pains, or sleeplessness can experience a better quality of life with it.

We believe that conventional medicine has outgrown its usefulness. Modern times demand new ways to manage your health & wellness. We are three lifelong friends who created Treed because we wanted to bring it back to what healing should truly be about: you, your happiness & peace – in mind, body, and spirit.

To your health,
-Jon, Moe & Tom



Our Family of Products

Tinctures, Gummies & Capsules

Balance

-great starting point

ideal for:

- CBD newbies
- Curious minds
- Gentle mind & body relaxation



Low strength, 500mg (10ml)

Relief

-the extra strength,
ultimate fixer

ideal for:

- Deep Thinkers
- Insomniacs
- Chronic Pain



High strength, 2500mg (10ml)

CBD

Restore

-the one everyone loves

ideal for:

- Highly active lifestyles
- Optimal mind & body function
- Dealing with the daily challenges that life throws at you



Medium strength, 1500mg (10ml)

Multivitamin CBD Gummies

-the complete mind + body supplement

ideal for:

- Getting all your daily vitamins & minerals
- Keeping the mind & body in sync
- Boosting your mood



30 Gummies, 300mg (1-Month Supply)

Focus

For increased concentration
& better productivity

morning formula



Relax

Revitalise your body, stress less,
& sleep better for longer

nighttime formula



Shroom Blends

designed to be taken **individually** or **together**

key ingredients:

Reishi, Ashwagandha,
L-Theanine & Black Pepper

Boost

Maintain high energy & perform
better, throughout your day

key ingredients:

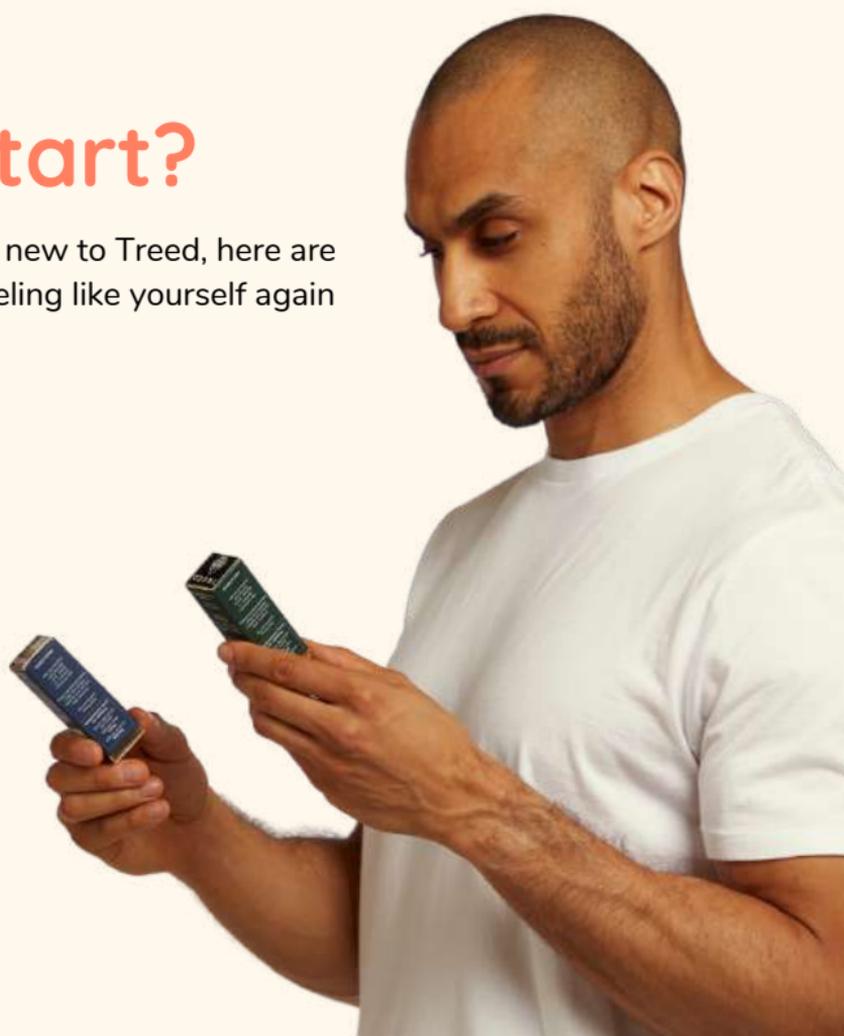
Cordyceps, Caffeine, Guarana, Rhodiola
Rosea, Vitamins (B6, B12, C) & Black Pepper

daytime formula



Where do I start?

Whether you're new to CBD, or just new to Treed, here are some guidelines to help you start feeling like yourself again



The Basics

OIL TINCTURES



Our CBD oils were made to be **ingested**. Using the dropper, place the desired amount underneath your tongue and leave it to absorb for **60 seconds**, before swallowing. If you're new to CBD, we recommend standing in front of a mirror when taking it.

TAKE NOTE OF YOUR DOSAGE



Each product comes with **recommended dosage guidelines** so make sure to read the instructions on the box (we've also included them on the next page!). The guidelines are meant to help guide you through your early steps, but our bodies are all unique, so **feel free to increase your dosage until you find your sweet spot!** Generally speaking, lower dosages tend to provide clarity and focus, while larger dosages tend to sedate.

MULTIVITAMIN GUMMIES



Each gummy contains 10mg CBD + all your essential daily recommended vitamins and minerals. You only need to take **one per day**. You can see a full breakdown of the Nutrition Facts on the label of your gummies or on our website.

How should I think about dosing?

Because CBD affects everyone differently, it's important that you listen to your body - adding or subtracting from your initial dose until you feel the desired effect. If you're new to CBD, we've provided you with some guidelines below to help you get started.

	Calm, Clarity & Focus	Aches & Pains	Sleep
Start with...	15 MG	30 MG	40 MG
Most customers find therapeutic relief between...	10 - 40 MG	20 - 60 MG	30 - 70 MG
Suggested product...	BALANCE	RESTORE	RELIEF

BALANCE = 2.5mg CBD per drop	RESTORE = 7.5mg CBD per drop	RELIEF = 12.5mg CBD per drop
------------------------------	------------------------------	------------------------------

How to tell if it's working

SEE HOW YOU FEEL



Because we each have a unique endocannabinoid system, **CBD affects everyone differently**. Sometimes the effects of CBD can be subtle, so you may notice what you don't feel rather than what you do.

MAKE IT PART OF YOUR DAILY ROUTINE



Some people experience relief after their first dose, but the best way to experience the healing benefits of CBD is to **make it a daily habit** - just like any other supplement. If you're new to CBD, it's a good idea to take our CBD at the same time every day for your first week. Even better, try keeping a journal to track your dose, time of day and how you feel.

Our everyday Multivitamin CBD Gummies

All your essential vitamins & minerals combined with CBD and 5HTP to deliver the complete supplement for the mind + body.



What's inside one gummy?



Hemp Extract (CBD)

Organically grown hemp, hand-harvested by our farmers. **10mg** of CBD per gummy



5HTP

An amino-acid used by your body to create **serotonin** (the "Happiness" chemical) to boost mood



Pectin

A stretchy **vegan** alternative to Gelatine that makes our gummies suitable for everyone



Vitamin (A & C)

A for **organ function**; C for **cell and tissue regeneration**



Vitamin (D & E)

D for **bone health**; E for **healthier skin, vision and immune defence**



Vitamin (B6 & B12)

B6 for **energy**, B12 for DNA building & **healthier red blood cell formation**



Zinc

Supports the **immune system** and **better metabolism** function



Folic Acid

For healthy **red blood cell** production



Biotin

Helps the body better **absorb** and **carry nutrients** to the necessary areas



For every product sold we plant a tree

Sustainability is one of our top priorities. Our promise to #LiveLifeBetter extends beyond our customers, and into the natural foundations that support the existence of our earth.

We've partnered with the non-profit, **Trees For The Future** to fulfil this promise. They work to improve the lives of impoverished farmers by revitalising degraded lands. This isn't just planting trees...this is changing lives through **regenerative agriculture**.

Find out more about their work on our homepage

TREED x



HAPPINESS GUARANTEE

Love it or it's on us!

We're certain you'll love with Treed. But if you're not happy for whatever reason, just return it within 30 days and we'll give you a full refund.

Trust. Honesty. Transparency.



hello@treedwellness.co.uk

treedwellness





Live Life Better